



2025 J&R Girls Basketball Skills Clinic

February 1st, 2025

1pm-3pm

GCA Sportsplex: 6851 Courthouse Rd Chesterfield, VA 23832

Clinic Cost: Free

Ages: 10-14

Come join J&R Basketball for a day of improvement and fun on the basketball court. Clinic will consist of ballhandling, shooting, defensive principles, conditioning, 5-on-5, 3-on-3, 1-on-1, and shooting competitions. Light refreshments will be served to clinic participants.

***Please bring completed registration form to the clinic or send it to
jrbasketballcamps@gmail.com***

Participant Information:

Participant's Name: _____

Parent's Name: _____

Parent's phone contact: _____

Parent's email contact: _____

Participant's Age: _____

Release of Liability

As the parent or guardian of _____, I understand that the sport of basketball involves inherent risks of personal injury to the player. On behalf of my child or ward, I assume all risks of personal injury from participation in the sport of basketball. I release J&R Basketball coaches and volunteers harmless from any claims or damages to my child while participating in basketball activities. This release applies to the conduct of all basketball activities, including, but not limited to clinics, practices, games and other basketball activities which can cause or lead to personal injury or property losses.

By signing this agreement, the parent or guardian below acknowledges reading the Release of Liability section, understands all terms of the agreement set forth above and has received a copy of this agreement.

Parent's/Guardian's Signature

Date